



**GOALS**

**JUNIOR HIGH**  
**2021-2022**

# AGENDA

- UIL Information
- Coaching Reminders
- Practice & Contest Regulations
  - Junior High Regulations
    - Eligibility
  - Non-School Participation
- Miscellaneous Information



**Director of Athletics:  
Dr. Susan Elza**



**Associate Athletic  
Director: Brian Polk**



**Assistant Athletic  
Director: Joseph  
Garmon**



**Assistant Athletic  
Director: AJ  
Martinez**



**Assistant Athletic  
Director:  
Brandy Belk**

# LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.



# UIL UPDATES 2021-2022

- **Strength & Conditioning During School Year** – Allows for 60 minutes of S&C outside the school day. This time may be used all year. No sport specific!
- **Physicals** – for the 2021-22 school year, all students entering seventh grade and their first and third year of high school must get a physical, any student that did not get a physical in 2020 regarding the above requirements must also get a physical for 2021.
- **Eligibility (First Six-Weeks)** – Back to traditional start



2021-2022

# UIL Changes and Amendments:

## GENERAL

- **Section 1204 – Officials Pay**- Effective the 2021-22 school year the portal-to-portal travel reimbursement for the UIL Officials Fee Schedule (1204) removes the last mileage range (91-120.9 miles) initiating travel reimbursement at 91 miles in place of the original 121 miles. (Dillon, put link here to new mileage information)
- **Section 1207 Rules, Violations and Penalties**– Changes to this section of the constitution more clearly reflects the authority of the District Executive Committee and the State Executive Committee to suspend a school or team when a member of that team commits an assault on a sports official. This amendment would also require schools to develop policies for suspending a spectator who commits an assault on a sports official from future events.



2021-2022

# UIL Changes and Amendments:

## GENERAL

- **Assault of an Official - 33.081 E-1 of the Texas Education Code** – As a result of the passage of HB 2721 a participant who assaults an official will be suspended from participation for a minimum of two years.
- **Spectator Policies** – Schools shall develop policies for preventing any spectator who commits assault of a sports participant, inclusive of officials, from attending future events in activities sanctioned by the UIL.
- **Practice Regulations**—Sessions for strength & conditioning instruction may be conducted by school coaches for students in grades 7-12 from that coaches attendance zone starting the first day of school. A strength and conditioning session shall be no more than one hour per day outside the school day, Monday through Friday, and a student shall attend no more than one session of supervised instruction per day. ***This is for sports in off-season only.***



# COACHES REMINDERS

1. KNOW YOUR RULES
2. YEARLY REQUIRED TRAINING
3. REGULATIONS
4. ELIGIBILITY



*"I didn't know what the outcome would be but I committed to the purpose."*



# KNOW YOUR RULES

- Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).
- Download and / or print your SPORT MANUAL
  - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- Checklist – quick reference for everything you need.
- Download or bookmark the Side-by-Side Manual
  - Will answer questions about no-pass / no-play, eligibility and more





**UIL Coaches Checklist  
(Junior High)  
2021-22**

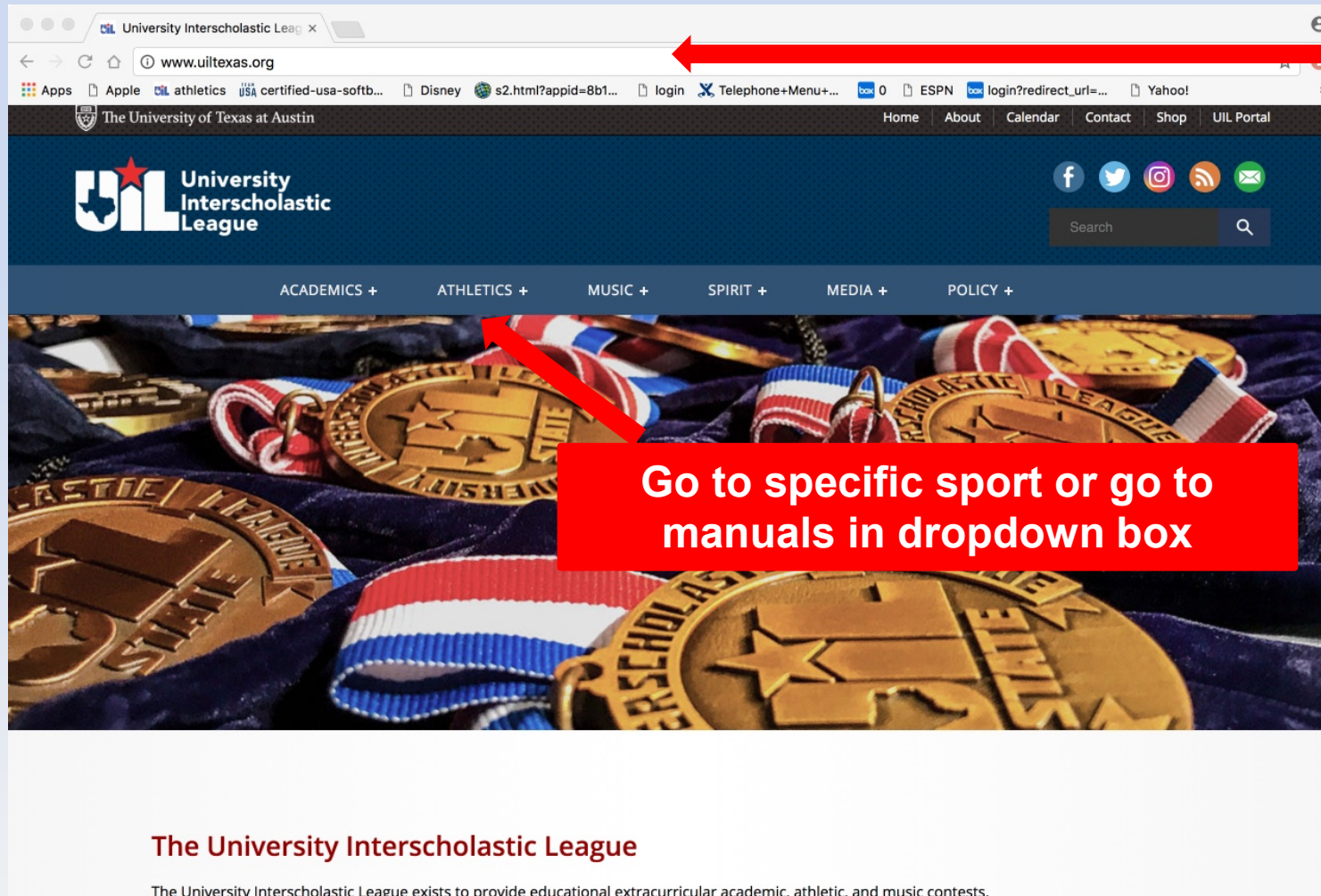
	CHECKLIST	REFERENCE	COMPLETION DATE
✓	<b>PRE-SEASON</b>		
	Register/update profile in the UIL Portal	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Practice
	Print and review Junior High Manual	<a href="#">Junior High Manual</a>	Prior to 1 <sup>st</sup> Practice
	UIL yearly coaching requirements (CCP & TEC) (manual, p. 17)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Day of School
	Pre-Participation Physical Examination and Medical History Form. Keep on file. (manual, p. 18)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Parent or Guardian Permit and Rules Acknowledgement Form. Keep on file. (manual, p. 19)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Parent/Student Anabolic Steroid Use and Random Testing Form. Keep on file. (manual, p. 19)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Concussion Acknowledgement Form. Keep on file. (manual, p. 19)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Sudden Cardiac Arrest Awareness Form. Keep on file. (manual, p. 19)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Review rules regarding eligibility for athletic contests (manual, p. 10)	<a href="#">C&amp;CR Sec. 1478</a>	Prior to 1 <sup>st</sup> Practice
	Review Seventh and Eighth Grade Plan (manual, p. 8)	<a href="#">C&amp;CR Sec. 1400</a>	Prior to 1 <sup>st</sup> Practice
	Review UIL rule changes (manual, p. 6)	UIL Rule Changes	Prior to 1 <sup>st</sup> Practice
✓	<b>REGULAR SEASON</b>		
✓	<b>POST-SEASON</b>		

# 2021- 2022 CHECKLISTS

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is any additional information you would like to see on these checklists.



# ACCESSING YOUR MANUALS FROM YOUR DESKTOP



The screenshot shows the website [www.uiltexas.org](http://www.uiltexas.org). The navigation bar includes links for Home, About, Calendar, Contact, Shop, and UIL Portal. Below the navigation bar is a menu with categories: ACADEMICS +, ATHLETICS +, MUSIC +, SPIRIT +, MEDIA +, and POLICY +. A dropdown menu is open under the ATHLETICS + category, showing options for various sports. A red arrow points to the URL in the browser's address bar, and another red arrow points to the dropdown menu.

[www.uiltexas.org](http://www.uiltexas.org)

Go to specific sport or go to manuals in dropdown box



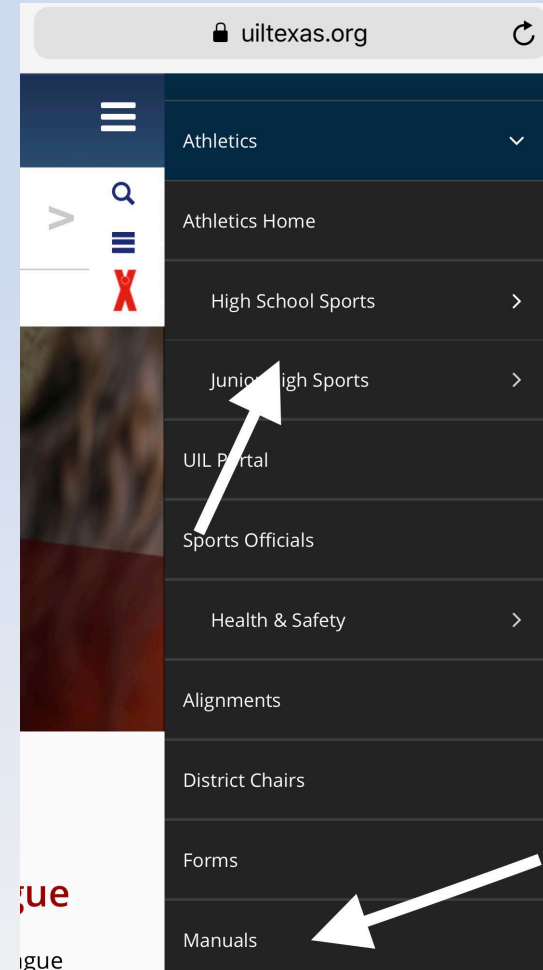
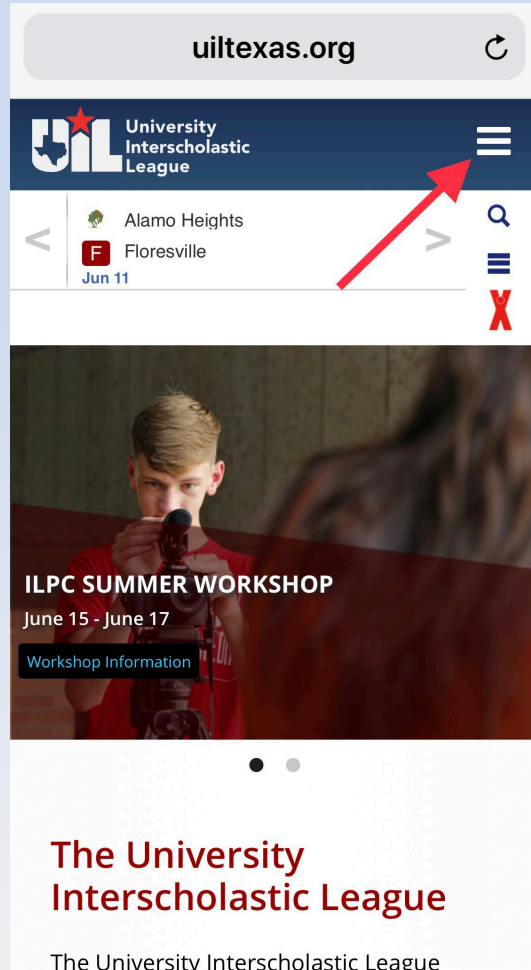
# ACCESSING YOUR MANUALS FROM YOUR DESKTOP

The screenshot shows a web browser window with the URL <https://www.uiltexas.org/athletics/manuals>. The page header includes the UIL Interscholastic League logo and navigation tabs for ACADEMICS, ATHLETICS, MUSIC, SPIRIT, MEDIA, and POLICY. The Athletics dropdown menu is open, showing options like High School Sports, Junior High Sports, UIL Portal, Sports Officials, Alignments, Health & Safety, District Chairs, Forms, Manuals, Archives, Scoreboard, and Lone Star Cup. The Manuals option is highlighted, and a red arrow points to it from a text box. Below the dropdown, there is a list of manuals for various sports, including Baseball, Basketball, Cross Country, Football, Golf, Soccer, Softball, Swimming & Diving, Team Tennis, Tennis, Track & Field, Volleyball, and Wrestling. A section titled "Junior High Manual" is also visible, stating that the manual is available on each of the Junior High Sport pages.

Go to specific sport or go to manuals in dropdown box



# ACCESSING THE MANUALS FROM THE PHONE



# UIL COACHES EDUCATION AND TRAINING REQUIREMENTS

## (State Law)

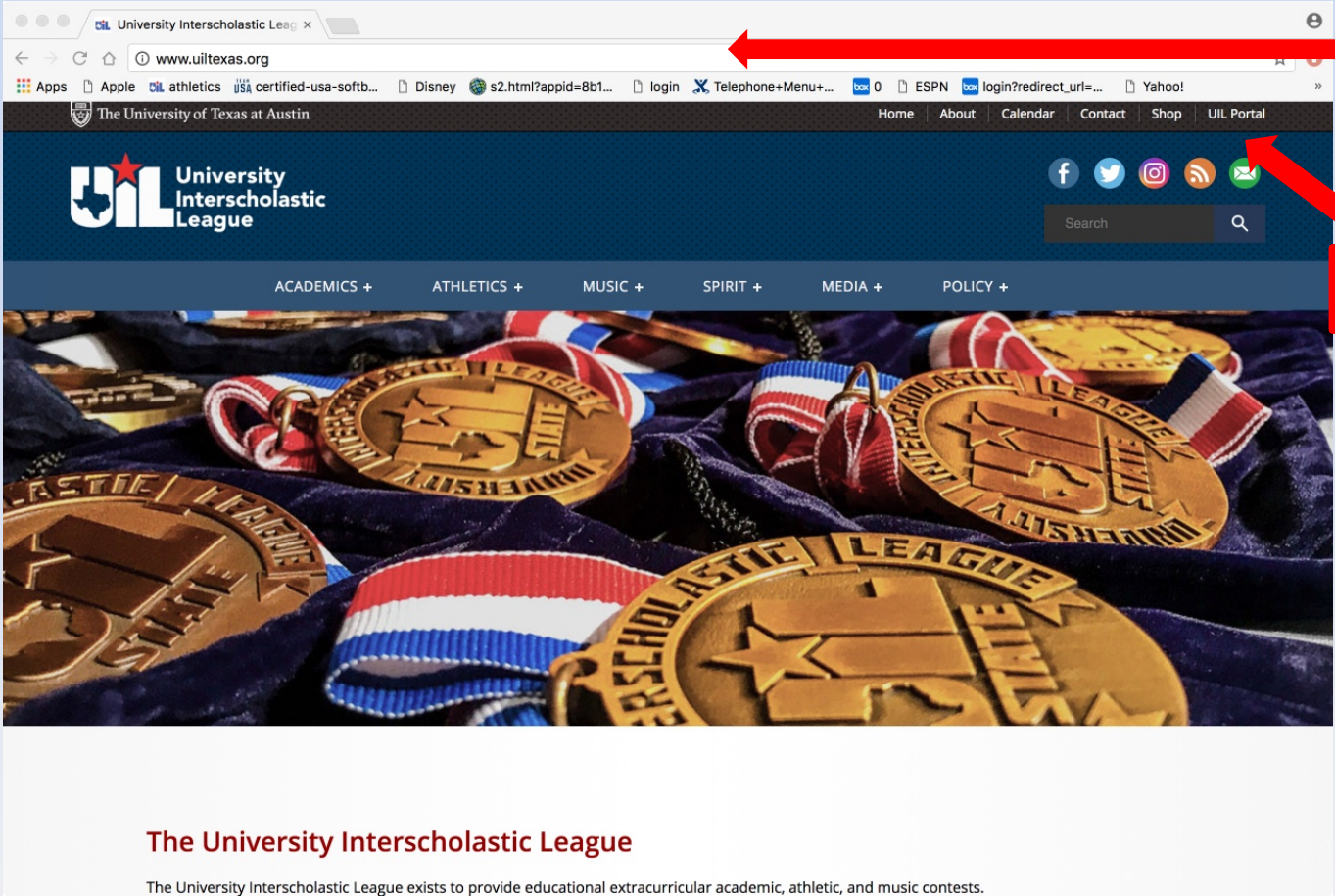
- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)



# UIL COACHES EDUCATION AND TRAINING REQUIREMENTS

- **UIL Professional Acknowledgement Form**– On file with the district (C&CR 1202(j))
- **Coaches Certification Program (CCP)**– online / in-person training (C&CR 1208(i))
  - Constitution & Contest Rules
  - Ethics
  - UIL Steroid Education
  - Safety Training (state law)
  - Concussion Training (state law)
  - Sport Specific Training – each sport has a separate module
  - **Football Coaches ONLY** – Best Practices in Tackling certification
  - **First Year Coaches ONLY** - Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - **Safety/Risk Minimization for Cheerleading Coaches** – local district determines the provider for training, and training must be completed prior to any student contact

# ACCESSING THE UIL PORTAL FROM YOUR DESKTOP

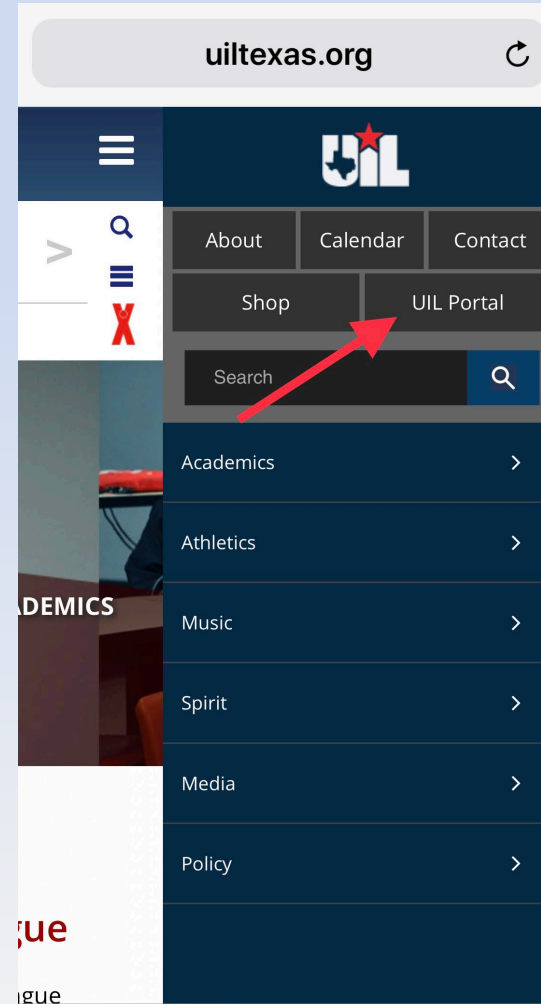
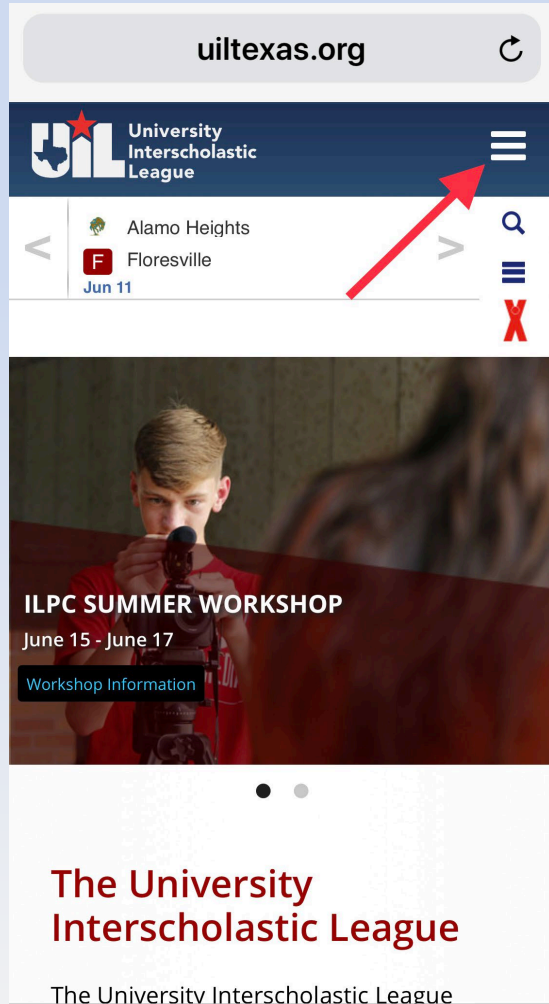


[www.uiltexas.org](http://www.uiltexas.org)

UIL Portal



# ACCESSING THE UIL PORTAL FROM YOUR PHONE



# STUDENT PARTICIPATION Required Forms

- Pre-Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form



# PRACTICE & GAME REGULATIONS

- Practice

- Outside the school year vs School is in-session
- Coaching outside your sport season
- Individual Sports vs Team Sports

- Games

- Season Limits
- School Week vs Calendar Week
- HS vs JH



# CONTEST REGULATIONS

- **High School** – one contest per school week:
  - See specific sport for calendar week limits.
  - Per activity - per student
- **Junior High** – see specific sport for week limits

## DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- **Calendar Week**: 12:01 am Sunday to Midnight Saturday
- **School Week**: 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last instructional day of the week



# CONTEST REGULATIONS

## Allowable Season Limits

<b>Sport</b>	<b>Number of Contests Allowed</b>	<b># of Days for Workouts and Games</b>
<b>Baseball/Softball</b>	2 tournaments and 12 games	97
<b>Basketball</b>	2 tournaments and 12 games	121
<b>Football</b>	9 (recommended-8)	80
<b>Soccer</b>	2 tournaments and 10 games	86
<b>Volleyball</b>	2 tournaments and 12 games	86
<b>Individual Sports</b>	6 meets or tournaments	Nothing starts before school

*\*\*Two games may be substituted for a tournament in baseball, softball, basketball, soccer and volleyball.\*\**

# GENERAL REGULATIONS FOR JUNIOR HIGH

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- **No Post-District Competition**: There shall be no post-season playoffs or competition in any athletic event.
- **Sunday Participation**: Sunday participation, contests or practice, is prohibited.
- **Holiday Restriction**: School facilities, personnel or equipment can not be used during five consecutive days in December. Days must include the 24, 25, 26.
- **Physical Education/Athletic Periods**: No student is allowed to be enrolled in more than one athletic period/PE class each day



A photograph of two female soccer players in action on a field. The player on the left is wearing a white jersey with the number 13 and a black headband with 'FALCONS' written on it. The player on the right is wearing a green jersey with 'CARROLL' visible. A referee in a blue shirt is in the background. The scene is overlaid with a semi-transparent blue filter and a white text box containing the title.

# UIL ELIGIBILITY

# ELIGIBILITY JUNIOR HIGH

An individual may participate in athletic competitions/contests as a representative of a participant school is he/she:

- ✓ Is a full-time student
- ✓ Is academically eligible
- ✓ Is age appropriate for JH athletic competition

## Age Rule

- 7<sup>th</sup> grade competition – is not 14 on or before September 1
- 8<sup>th</sup> grade competition – is not 15 on or before September 1
- Overage students may participate according to age\* (7<sup>th</sup> graders and 8<sup>th</sup> team and up; 8<sup>th</sup> graders and 9<sup>th</sup> grade team and up)





# ELIGIBILITY JUNIOR HIGH

An individual may participate in athletic competitions/contests as a representative of a participant school is he/she:

- Has not repeated the 7<sup>th</sup> or 8<sup>th</sup> grade for athletic purposes. A student who has repeated for athletic purposes is eligible for only two consecutive years in 7<sup>th</sup> and 8<sup>th</sup> grade after the first enrollment in the 7<sup>th</sup> grade. Students held back one year in JH for athletic purposes will lose their fourth year of eligibility after entering the 9<sup>th</sup> grade.
- Has not changed schools for athletic purposes



# ELIGIBILITY JUNIOR HIGH

- **Four consecutive years** – a student has only four consecutive calendar years to complete high school varsity eligibility
- **Athletic class** – overage students who are 15 on or before September 1<sup>st</sup> and are participating with the high school sub-varsity or varsity may be assigned to high school athletic periods. In all other situations, 7<sup>th</sup> and 8<sup>th</sup> grade students remain in their JH school athletic class throughout the school year.
- **Full participation allowed** – only overage students who are too old to represent their 8<sup>th</sup> grade team may participate on the high school's athletic team. Overage students who participate in high school team may participate fully under the rules for high school athletes in that sport.



# ELIGIBILITY JUNIOR HIGH: 6<sup>th</sup> GRADE

No interscholastic competition below seventh grade. Sixth grade students may not practice with or against junior high students.

## Two Scenarios That Would Allow 6<sup>th</sup> Graders To Participate On The 7<sup>th</sup> Grade Team:

1. A student with a disability which delayed their education by at least a year and who meets all other requirements listed in section 1478 (c)(2).
2. In conference 1A & 2A or in a small junior high whose enrollment corresponds to 1A and 2A enrollment when their participation is vital to field one combined seventh and eighth team. \*\*Note: Sixth graders may not be used when a school has more than one team playing.



# ELIGIBILITY JUNIOR HIGH: 6<sup>th</sup> GRADE PARTICIPATION STIPULATIONS

- ✓ Sixth graders may not be used when a school has more than one team playing.
- ✓ If fewer than the number listed below report the first day of the season, then 6<sup>th</sup> graders can be notified that they may tryout for the combined 7<sup>th</sup> and 8<sup>th</sup> grade team and may participate for the entire season.
  - Baseball: 18
  - Basketball: 10
  - Football: 6-man – 12 and 11-man - 22
  - Soccer: 22
  - Softball: 18
  - Volleyball: 12

**Individual Sports.** Sixth grade participation is not permitted in individual sports, except students with disabilities who meet the criteria of the provisions of section 1478 (c) (2).



# NON-SCHOOL PARTICIPATION

## SECTION 1209(C), NON-SCHOOL PARTICIPATION

### School Sponsored Camps (Team Sports)

- ✓ Allowed in BASEBALL, BASKETBALL, FOOTBALL, SOCCER, SOFTBALL AND VOLLEYBALL.
- ✓ School sponsored camp for students in *grades six and below*: two camps are allowed, per sport, during the school year.
- ✓ All students with the **exception** of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.
- ✓ Instruction can be given by 7<sup>th</sup>-12<sup>th</sup> grade coach from their school district.

**\*See Off-Season & Non-School Participation – Section 1209\***

(continued on next slide)



# NON-SCHOOL PARTICIPATION TEAM SORTS

- Team Sports

- *Football, Volleyball, Basketball, Soccer, Baseball, Softball In accordance to Section 1201, 1206 and 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7, lineman challenges) coaches:*

The C&CR **prohibits** the following:

- 1) Coaching students from your attendance zone in grades 7-12.
- 2) Scheduling games between your team and one other team.
- 3) Transporting kids to non-school activities in school vehicles or with school resources.
- 4) Using school equipment, uniforms or first aid equipment.
- 5) Using school or booster funds.
- 6) Pressuring athletes to play non-school leagues.
- 7) Participating with athletes in their sport.

***\*\*Coaches shall not gain financially from a student's participation in a non-school activity.\*\****



# NON-SCHOOL PARTICIPATION TEAM SPORTS

*In accordance to Section 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7) coaches or a group of coaches:*

The C&CR allows the following:

- 1) You can supervise the facility.
- 2) You can assist with organization. You are allowed to assign officials, secure facilities, develop schedules, assist with registration and help secure equipment.
- 3) You can assist with the selection of coaches.
- 4) You can assist with the selection of players.
- 5) You can distribute information about non-school activity.
- 6) You can collect registration fees that are made payable to an outside entity (not the school).



# NON-SCHOOL PARTICIPATION INDIVIDUAL SPORTS

***Individual Sports: Cross Country, Golf, Swimming, Tennis, Track and Field and Wrestling  
(Guidelines are also applicable to team sports)***

## **A. During the school year**

- 1) You can work with athletes from your attendance zone but must abide by the 8-hour rule.
- 2) You cannot charge a fee for private instruction during the school year. This applies to students in grades 9-12 only.
- 3) You cannot pressure an athlete into participating in non-school activities.

## **B. Outside the school year**

- 1) You are allowed to coach athletes from your attendance zone.
- 2) No use of school funds.
- 3) Cannot pressure your athletes to participate in non-school activities.

***\*\*Coaches shall not gain financially from a student's participation in a non-school activity.\*\****





# LEADERSHIP

- ✓ **Positive Leadership** – You have an incredible platform.
- ✓ **Don't Compare** – Comparisons are negative. Team sports are different than individual sports, individual sports are different from one to the other. We do not have a sport in the state of Texas that is in bad shape!
- ✓ **Social Media** – Call us, email us. Negativity on social media is not a good look!
- ✓ **Be Pro-Active** – Don't be a complainer!



# UIL CONTACTS

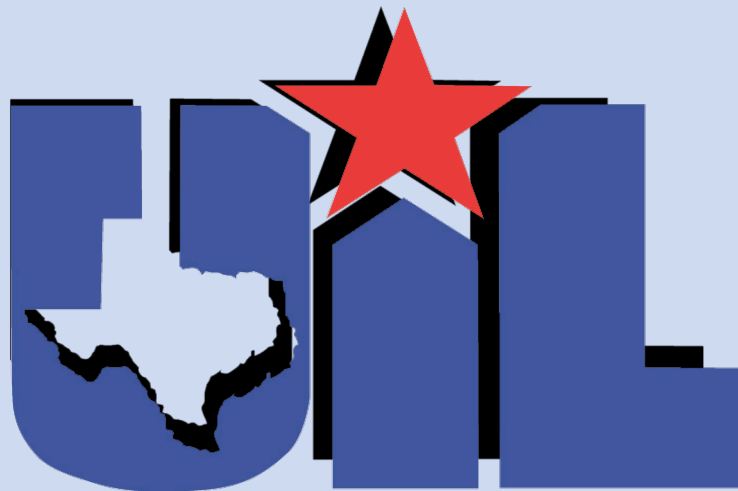
SEVEN LAKES  
2826

HARTZBERG  
2832

JESUIT  
2760

3100

Duncanville  
panthers  
2581



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